

Breast Cancer Survivorship for Women of Color

Strategies for Caring for Yourself

Join us at this virtual workshop for breast cancer survivors to hear from leading experts in the field of cancer survivorship and support services. You will have an opportunity to submit questions at registration or during the event.

Tuesday, Feb. 22, 2022 • 6 to 7 pm • FREE

Program Agenda



Rachel Louissaint, PT
Physical Therapist
Mount Sinai Beth Israel,
Rehabilitation Medicine

Topic: Strategies to stay healthy and provide exercises that women can incorporate into their daily lives.



Karen Peterson
Founder
Karen's Club

Topic: The importance of advocating for yourself as a patient with cancer, getting your records and following guidelines during cancer survivorship.



Erin Pellegrin
Nutritionist
Unite for Her

Topic: An overview on the importance of nutrition in cancer survivorship.



Clare Moran, DNP, FNP, RN
Survivorship Coordinator
Stony Brook Cancer Center

Topic: An overview of breast cancer survivorship and how to reduce the risk of recurrence.

REGISTER

redcap.link/breastcancersurvivor

